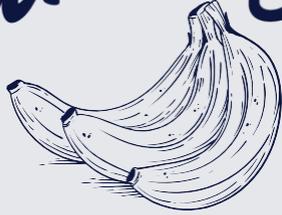


# Primary & Middle School Canteen



## WEEKLY SPECIALS



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MUFFIN OF THE DAY	Blueberry	Banana	Apple & cinnamon	Coconut	Chocolate
LUNCH SPECIAL	\$8.00 Marinated beef stir fry with bean sprouts and veggie rice (gf)	\$6.50 Chicken banh mi roll with pickled vegetables and mayo (request gf)	\$7.50 Butter chicken curry with basmati rice, cucumber raita (request gf)	\$7.00 Pasta Bolognaise with shaved parmesan (request gf)	\$8.00 Baked miso salmon poke bowl with crunchy vegetables (gf)
VEGETARIAN SPECIAL	Sticky tofu and vegetable stir fry with bean sprouts and rice (gf)	Tofu banh mi roll with pickled vegetables and mayo (request gf)	Vegetarian curry with pumpkin, lentils, carrots, potato with basmati rice, cucumber raita and naan (request gf)	Plant powered pasta Bolognaise (request gf)	Soy marinated tofu poke bowl with crunchy vegetables (gf)
BURGER OF THE DAY	Chicken schnitzel with slaw	Sweet potato and bean with lettuce and tomato salsa	Beef and bacon with grilled onion	Cheeseburger with tomato relish	Cajun chicken with lettuce, tomato and corn salsa
PIZZA OF THE DAY	Vegetarian	Ham and cheese	Margarita	BBQ chicken	Hawaiian