



# The Friends' School Presents

## Paul Dillon

### **'Risk taking' – why do teens do the things they do? What can parents do to keep them as safe as possible?**



**Parents, guardians and carers from The Friends' School and St Michael's Collegiate School are invited to a complimentary presentation by Paul Dillon titled, 'Risk taking' – why do teens do the things they do? What can parents do to keep them as safe as possible?**

Adolescence is a risky time. As a teen matures and becomes more independent, they experience dramatic hormonal changes, increasing social and peer pressure and have greater access to alcohol and other drugs. This presentation will briefly examine the history of 'teenagers', rebellion and the different 'temptations' that have existed over time. Using the latest research on the developing brain, it will also discuss why young people make the decisions they do during this time. Sleepovers, parties and gatherings provide teens with valuable opportunities to develop important socialising skills but are not 'risk-free'. Some practical strategies and tips for parents considering allowing their teen to attend such events to help ensure they are as safe as possible.

### **About the Presenter:**

This informative presentation will be conducted by Paul Dillon, Director and Founder of Drug and Alcohol Research and Training Australia (DARTA). Paul is passionate about ensuring that the community has access to accurate and up-to-date alcohol and other drug information. For background information, please visit [darta.net.au](http://darta.net.au)

**When:** 6-7pm, Thursday 30 June 2022

**Where:** The Farrall Centre, The Friends' School,  
395 Argyle Street, North Hobart.

**This is a complimentary session.**

Register here: [www.trybooking.com/BZXAJ](http://www.trybooking.com/BZXAJ)

Masks must be worn.

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CRICOS Registration 00477G

