



## Friends' Twilight Fair a success!

**Ellie Griffin**

The Friends' School 2019 Twilight Fair kicked off with sunshine and many happy faces. This year's fair was focussed on community and sustainability. The Clemes foyer was turned into a sustainability hub with stalls selling bamboo and metal straws, plants and succulents, homemade blackberry and sage kombucha, beeswax wraps and more!

In the Undercroft, people chatted and laughed over books at the annual book stall, and just outside was the ever present Clemes Council Potato Twist stall. The Farrall Centre was ringing with music from various marimba ensembles which the audience could enjoy along with a delicious cheese platter from the Bruny Island Cheese Company.

Outside there were crepes, donuts, burgers and wood fired pizza available amongst the talented student buskers from Morris through to Clemes. Lochie Angel, Amanda Gardner, Mem Thorpe, Henry Dunbabin, and many more all performed throughout the evening.

Fun new activities were on offer, such as 'Splash the Keeper', floral and sea life themed gift cards were available from High School students, and the lolly jar lucky dip from Morris students was once again



Rosie Maxwell and Meg Pointon at the Potato Twist stall



A fair favourite; crepes!



Delicious Bruny Island cheese platters



Laura Johnson, Emilie Ayre, Emily Heathcote



Fair HQ

Photos by Ellie Griffin

incredibly popular. The community pitched in and created a vibrant and sugary cupcake stall that looked too good to eat. Meanwhile, the annual toy stall was set up with a play area for kids to select their next favourite toy. If the kids weren't at the toy stall or guzzling lollies they could be found on the playground making new friends. There was plenty for the adults attending too, with homemade jam stalls and beautiful floral arrangements.

Fair HQ could answer any question, give first aid, return lost children and made sure that the 2019 Twilight Fair was the most enjoyable fair yet. This event was once again a highlight for the entire Friends' School community, and the funds raised at the fair will benefit students through various projects an co-curricular activities.

Thank you to the Fair Committe for their hard work and dedication in organising this year's event.



Steve Barratt and Nelson File enjoying the evening's events

## The house of opportunity

**Max Schulze**

This year, Walker House continues to be a bustling, supportive and fun environment for the staff and students in residence.

Walker House, located on Lewis Street, is almost at full capacity, which is an outstanding achievement in comparison to other schools that are currently

experiencing a decline of boarding members. Walker House continues to provide an educational safe-haven for Boarders from Years Seven to Twelve, allowing students

to grow and mature with support from fellow students and staff.

The Director of Walker House Residence, Matt Dixon, explained the unique lifestyle

at the Boarding House; "This is my fourth year in Walker House, with seven years of boarding in total. I absolutely love this..."

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job, as the Boarding House is almost like a big family where you get to experience the highs and the lows of each individual boarder". Matt also pointed out; "It is a very strong environment to live and to learn in with an open perspective of academic and cultural development".

Students have access to a wide range of facilities, such as the Friends' Health & Fitness memberships, after school tutoring and mentoring, their own room and convenient study spaces.

From a student's perspective, Ansel Luk says "I love life at the boarding house, I really like the vibe of living with other students in a community and also being able to experience an Australian culture in comparison to a lifestyle in Hong Kong".

"I made the decision to come to The Friends' School as I really like Hobart as a city and the school and the boarding house had so much to offer, one of the most interesting advantages with Friends' is that it provides students with TCE and also IB courses."

Ansel Luk and his fellow boarders also get to experience all types of activities and general life skills including

washing, cooking, time management, organization and many more skills.

"Living here at Walker House has already had an influence on my life because by contributing to these small jobs it has made me aware of

visitors have the opportunity to mingle with their peers through gatherings such as afternoon tea, dinner time also study time."

A roster is provided as each student is required to contribute to dinner duty

a go and follow this pathway which led to becoming a chef at The Friends' School Boarding house.

"My favorite part about this job is certainly the kids; they are always happy and friendly and since I've been



*The Walker House community*

*Photo:Max Schulze*

my responsibilities".

The different types of food also play a major role in the learning process at Walker House, "I think it's really great how the chefs mix and swap between the cultures of food and our chefs do a fantastic job", said Ansel

The Walker House kitchen and dining room facilities are important in this family-like community. Students, staff members and occasional

once every week. This allows students to showcase their teamwork skills as they set up, ready for dinner and clean up afterwards. Certain jobs such as setting the tables, rinsing and stacking the dirty dishes and loading them into the scullery are distributed around the small groups.

One of the Walker House chefs, Den, says that as a teenager, he had an interest in cooking and decided to give it

here, every group each year is fantastic.

This position is very rewarding, we get to have some fun with things such as celebrating birthdays which is always nice". Den explained.

Students at Walker House are grateful for these opportunities that The Friends' School offer; it prepares students well for future life encounters and a very bright, positive-minded and productive future.

# Students Relay for Life

## Frances Jago

The annual Relay for Life cancer awareness event yet again bears witness to The Friends' School team walking up a storm. The 2019 Relay took place at the Domain Athletics Centre on the 23rd of March with a 1pm start and concluded on the 24th at 9am. This year, forty-two students from both campuses participated in the Relay for Life and raised close to six thousand dollars!

The event gives people a chance to properly acknowledge and recognise all the different ways people are touched by cancer. Each year, The Friends' School enters a team of High School and Clemes students into the Relay for Life and provides them with the opportunity to raise funds and awareness for a disease that effects many Australians.

Helen Han, who has been coordinating the Friends'



*Photo by Steven Shen. Left to right; Helen Han, Owen Wong, Aya Gibson and Elizabeth Scott*

Relay for Life team since 2015, organised many exciting events to fundraise and raise awareness for cancer. The Friendlies team hosted multiple fundraising events within the School, including a bake sale, a three-legged relay as well as arranging many guest speakers to come to talk to both the High School and Clemes students. Anthony Edwards, the State Project Manager - Relay for Life from the Cancer Council Tasmania had given a very informative talk on how the money we raised helped cancer patients.

During the event, students and teachers alike hit the running track to carry the Friends' eternal flame all day and night long. Compared to last year's event with gale force winds causing the event to conclude early, this year's overnight stay was calmer and carried on until the end.

There were many different tents and stalls set up to raise money within the event that included lots of fun activities as well as food and drinks! "It was a fantastic event with a beautiful atmosphere where so many students were walking

or running around the track, learning Bollywood moves, dancing to the silent disco and generally having a great time with friends," said Helen.

The money raised prior to and during the event goes towards all aspects of a patient's life, such as support, information, bills, accommodation, as well as ground breaking research into the disease.

All in all, the excitement and wonderful atmosphere of the Relay for Life event makes it an annual meeting not to miss.



# United Nations Youth Summit

## Ellie Griffin

“It’s really healthy to have a cause that you’re getting behind and UN Youth can help”, stated Finley McHewin, Director of Education for the United Nations Youth Organisation, on the day of the Tasmanian Young Leaders Summit 2019.

This year, the Tasmanian UN Young Leaders Summit was focussed on climate change; the greatest challenge of this generation. Currently, the earth is home to 7.7 billion people but by 2050, it will be home to 10 billion or more. By this time, 70% of the population will be living in cities with coastal regions well eroded, two thirds of the planet’s wildlife will be extinct with over a third of arable farmland lost, and the global temperature will be continuing its exponential rise. At the beginning of the conference, these statistics were daunting, but by the end, students were inspired and already looking beyond them towards a brighter future on earth.

The one-day UN Youth Tasmania conference encouraged students from

Years 9-12 to consider climate change from a number of perspectives, and put themselves in the positions of both powerful world leaders and individual citizens. With guidance from the facilitators, brainstorming sessions, debates and an interactive problem solving activity, students broadened and shaped their opinions, as each participant contributed their solutions for a more sustainable future.

The current global climate makes environmental science and careers with a global perspective of increasing importance. Professor Jan McDonald, Professor Jason Byrne, and Doctor Aysha Fleming emphasised this on a panel during the conference. All three speakers from UTAS and CSIRO gave fascinating insights into the world of climate change research and the different angles they are working from. These speakers were a terrific inspiration for all students involved, and gave valuable information on how individuals can take control of the future.

Tess Harkin, a Year 11 student at Hobart College, stressed the importance of events like these; “It encourages students to



Photo by Gideon Daley. Back Row: Lottie Frohmader, Lily Neyland, Emily Heathcote, Lia Desantis. Front Row: Zoe Adams, Ellie Griffin

Photo: Stella Yu

think and talk about issues that are topical for us.” This mirrors Samantha Griffin’s words as President of the UN Youth Tasmania Organisation; “One of the most important things that students can engage [with] just so they can feel like and realise they have a voice”. As a

teenager, Samantha attended UN Youth events; finding them “..really empowering... Coming up to being an adult I knew that I had the skills and the resources and the ideas to engage”. Samantha now hopes to “make the Tasmanian division more social and more inclusive so

we have more stuff going on outside of events.”

Convenor Gideon Daley, a graduate of The Friends’ School, organised the day alongside other facilitators including Old Scholars Isabella Jackson and Alex Crellin. Seven other current Friends’ students attended

and found the day inspiring. Grade 9 Friends’ student Gryff Connah expressed the sentiments of the day; “I think it’s very important because the generations before us have left us with a lot to deal with.”

# Students fire up at climate strike rally

## Amy Brook and Gloria Jeziel

Friends’ students were among the hundreds of thousands of youths nationally and internationally to participate in the School Strike for Climate. The rally was a completely student run global event that took place in March to place pressure on politicians to take action against the increasing threat of global warming.

Year 11 student Amelia Neylon performed her original slam poetry, generating an overwhelming response from the crowd, with many commenting on the inspiration, eloquence, and fluency of her words as she described a world amidst climate devastation due to the lack of action from

Australia’s government.

She was later invited to speak again at Parliament House to share her views with various state politicians.

It was amazing to see so many members of the school community coming together, and taking action to protest the Adani coal mine, the establishment of new coal and gas products, and to urge the government to make moves towards 100% renewable energy.

The large turnout from Friends’ School students displayed the determination and perseverance of students both younger and older, displaying values upheld by the School in terms of sustainability and preservation of the environment.



Zoe Knight, Jett Farrell, Beatrice Farquhar - Jones, Lottie Frohmader, Emily Heathcote and Gloria Jeziel



# High School Council 2019



Hodgkin House Captains

*Isla Sutherland*

**What are you hoping to achieve in your representative position?**

I would love to see the School slowly reduce plastic from our canteen.

**Fun fact about yourself?**

I spent a year on our boat travelling around the South Pacific ocean with my family.

*Angus Russell-King*

**Best moment at Friends'?**

When I was told I had been elected to be Hodgkin House captain I was nervous but really excited and happy when I got the news.

**What do you enjoy in your spare time?**

Riding my mountain bikes, playing soccer, spending time with my mates and making really good scrambled eggs!



Ransome House Captains

*Anna Reid*

**Best moment at Friends'?**

Girls' hockey final when the siren went off and we won.

**What do you enjoy in your spare time?**

In my spare time, I like to play sports such as sailing and soccer, hang out with friends.

*Simon Stankovich*

**What are you hoping to achieve in your representative position?**

I would like to encourage more passion and competitiveness in Ransome, and work on integration between grades and act out some other initiatives with positivity.

**Fun fact about yourself?**

I'm the worst dancer you have ever seen.



Mather House Captains

*Sofie Millington*

**What do you enjoy in your spare time?**

I love singing, performing and I also really enjoy playing hockey.

**What are you hoping to achieve in your representative position?**

To bring the whole Mather cohort closer together by doing house oriented activities.

*Darcy Webster-Jones*

**Best moment at Friends'?**

I don't have a specific best moment from my time at Friends', but I have enjoyed the camp and connections programs throughout the years.

**Fun fact!**

Golden Gaytimes are the best ice creams hands down.



Unwin House Captains

*Kayla Fajrianto*

**Best moment at Friends'?**

My best moments at Friends' were during camps because I was able to interact with different people and create stronger bonds with them while trying new activities.

**Fun fact about yourself?**

My favourite food is lasagna and I'm bilingual.

*Thomas Proctor*

**What do you enjoy in your spare time?**

I like to go outside and be active such as bike riding, fishing, or playing cricket.

**What are you hoping to achieve in your representative position?**

I am hoping to lead Unwin to another house cup win. It would be nice to be one of the house captains that lead their house to a win.



Service Representatives

*Nina Owens*

**Best moment at Friends'?**

Year 8 sea kayaking camp with two of my best friends even though Edith forgot the tent poles and so we had to use a tarp instead!

*Charlotte Ralph*

**What do you enjoy in your spare time?**

I enjoy sports such as Hockey and Rowing along with music and service activities such as being part of the Hobart Bushcare groups.

*Madeline Maxwell*

**What are you hoping to achieve in your representative position?**

I hope to motivate and encourage students to actively participate in service initiatives both locally and globally.



Community Representatives

*Riley Curtain*

**What are you hoping to achieve in your representative position?**

A better sense of transparency and to make sure that the student body's opinions are heard more often.

**Fun fact about yourself?**

I've broken both my arms at the same time.

*Zara Nettlefold*

**Best moment at Friends'?**

I really enjoyed Year 9 rafting camp.

**What do you enjoy in your spare time?**

I like going on adventures with my friends.



Year 10 Representatives

*James Downie*

**What do you enjoy in your spare time?**

I like to play sport and ride motorbikes.

**What are you hoping to achieve in your representative position?**

To get a better connection between grades in the High School, and make our last year in the High School a memorable experience.

*Aya Gibson*

**Best moment at Friends'?**

The sea kayaking camp I went on last year. It was lots of fun.

**Fun fact about yourself?**

I spent a term travelling around Australia in a caravan.



Environment Representatives

*Otto Bell*

**Best moment at Friends'?**

When I was appointed Environment Representative.

**What are you hoping to achieve in your representative position?**

To get the High School to become more eco-friendly, with a High School garden someday.

*Paris Menadue*

**What do you enjoy in your spare time?**

I like to walk my dog and go exploring outside.

**Fun fact about yourself?**

I like to go fishing and diving around Tasmania.



# Clemes Council 2019



**Year 12 Reps**

*Theo Ellingsen*

**What activities do you enjoy doing?**  
I enjoy my daily cross-fit class, and I sometimes partake in aqua aerobics if I'm feeling a bit wild.

*Meg Pointon*

**What are you hoping to achieve in your representative position?**  
Bring the Year 12 students together in our final year together at school.

*Sophie Cooling*

**Best moment at Friends'?**  
Helping bring Unwin out of years of defeat.

*Tim Shears*

**Best moment at Friends'?**  
String Ensemble 2015.



**Year 11 Reps**

*Alexander Exarhakos*

**Fun fact about yourself?**  
I had a little third ear when I was young.

*Max Powell*

**Best moment at Friends'?**  
My best moment at Friends' was when I made the inter school team in Year 3 for 50m Backstroke.

*Henry Rheinberger*

**What are you hoping to achieve in your representative position?**  
Mainly the promotion of diversity throughout the school, meaningful cross campus, wellbeing and service initiatives.

*Sophia Pauchet*

**Best moment at Friends'?**  
At Year 7 Lea Camp I successfully and gracefully fell backwards off a rock into a river and still managed not to get my hair wet.

*Ambrosia Negri*

**What are you hoping to achieve in your representative position?**  
To promote the importance of incorporating ideas from students who have grown up in different countries, cultures or religions into the school.

*Ebony Yearsley*

**What are you hoping to achieve in your representative position?**  
Highlight Year 11 concerns so the school can become more inclusive and a better environment.



**Committee Reps**

*Amelia Newman*

**Favourite moment at Friends'?**  
Being apart of the Friends' Open Girls Rowing team and the 2017/18 First VIII.

*Rosie Maxwell*

**What are you hoping to achieve in your representative position?**  
I am hoping to organise various events as well as support other committees.



**Wellbeing Reps**

*Milly Crombie*

**What are you hoping to achieve in your representative position?**  
Implementing fun wellbeing activities throughout the year, not just in designated wellbeing weeks.

*Amy Brook*

**Fun fact about yourself?**  
I'm named after the Sonic the Hedgehog character.



**Environment Reps**

*Emily Heathcote*

**What are you hoping to achieve in your representative position?**  
Create awareness to instigate a systematic change of treatment of the environment.

*Laura Johnson*

**Best moment at Friends'?**  
Camping on the Hazards on a school camp.



**Culture Reps**

*Millie Bentley*

**Best moment at Friends'?**  
Being in the Chinese speaking competition photo in Year 10 despite not having studied Chinese since Year 7.

*Emilie Ayre*

**Fun fact about yourself?**  
I'm named after the Sonic the Hedgehog character.



**Service Reps**

*Phoebe Dunbabin*

**What are you hoping to achieve in your representative position?**  
Increase awareness of the service activities both at Friends' and in the wider community.

*Zia Mitchelmore*

**Best moment at Friends'?**  
Finishing the Overland track, knowing what I had just accomplished.



**Sport Reps**

*Jessica Chesterman*

**What are you hoping to achieve in your representative position?**  
Greater participation in sport, with a fun, competitive sporting environment.

*Leo Fountain*

**Best moment at Friends'?**  
I was the 2018 Annual Footy kicking competition champion.



**New Student Reps**

*Tom Rive*

**What are you hoping to achieve in your representative position?**  
Bring a fresh perspective to Clemes council through service and environment initiatives.

*Henry Capp*

**Best moment at Friends'?**  
Tunnel ball competition has so far been my best moment at Friends'.



**International Reps**

*Kristen Wong*

**What are you hoping to achieve in your representative position?**  
I hope there will be more interaction between international students and local students.

*Steven Shen*

**What activities do you enjoy doing?**  
I enjoy music, film making, photographing, and piloting.

# Head Boy and Head Girl 2019

**Frances Jago**

Sam Gowans, former Mather House captain and Boys' Firsts cricket star, stepped up alongside Charlie Potter, previous Year 11 representative, for the role of Head Boy and Girl.

What characteristics do you think a joint chair leadership should have?

I think communication is key in a joint leadership. It is also equally important to cc each other into emails. Some other important characteristics would include being able to laugh and support each other and being on the same page with the same goal.

Which School events are you enjoying as Head Boy and Girl?

We looked forward to the School Twilight Fair at the beginning of the year and being able to bond with the council whilst peeling potatoes was great. We're also looking forwards

to the Interschool Leadership afternoon tea, as well as the Lads' day and Girls' sleepover.

Describe a typical busy week of the Head Boy/Girl?

Both Sam and Charlie agreed

that a typical 'day in the life' of the Head Boy and Girl includes a multitude of meetings, like Culture Club, Stewardship, and the Clemes Council meeting. It's also important to make sure to balance studies

amongst all the meetings and commitments.

Favourite party trick?

Sam: I'm particularly good at quoting the School's Purpose and Concerns.





# We welcome our new staff



Lauren Beutel *Dance Teacher*

**When did your passion for dance begin?**

I danced at a small school on the East coast before attending Launceston College, from there I went on to achieve a Bachelor of Dance Education at The Australian College of Physical Education. I encourage everyone to take this increasingly popular subject.



Karen Wilson *Quaker co-ordinator*

**Have you always embodied the Quaker beliefs?**

No, I was required to go to court one day and was asked to swear on the Bible. I said no and so I was asked if I was a Quaker. On a whim, I said yes then later researched what it actually meant to be a Quaker. Ever since then I have attended Quaker meeting for worship every Sunday for the last thirty years.



Kimberly Carrodus *English and Humanities Teacher*

**What do you look forward to contributing to the school?**

I look forward to building relationships with students and staff and getting to know people well. I will be coordinating netball in Term Two which I'm keen to get back into.



Roseanna Heys *Accounts Office Assistant*

**How did you get to Friends' ?**

Funny story! I actually used to be a massage therapist and I sort of wanted to get into this business area so that's when I applied for here.

**Any advice for school students now?**

You need to listen to yourself. As well as others, like taking the advice of others, but at the end of the day it's your decision.



Kurt Denmen *Teaching assistant, Technical Assistant to VET kitchen operations*

**What are you looking forward to contributing to the school in your new role? What do you find rewarding?**

I guess my main contribution to the school would be to the students I have in the VET course at the moment. It's very rewarding to show and demonstrate the various skills and techniques to others and have them pick it up. I feel I have a decent knowledge of the industry and it's nice to pass that along.



Mark Hynes *Teacher of Science and Mathematics*

**Where were you working previously?**

My past experiences consist of working as a vet for 18 years, both in Tasmania and the UK.

**What are you looking forward to contributing to the school in your new role? What do you find rewarding?**

I'm looking forward to getting to know my students and trying to inspire curiosity in them.

**Any advice for school students now?**

My advice is to treat your teachers and parents well and always be curious.



Hilary Lodge *Learning Support Teacher*

**Where were you working previously?**

I worked for the Department of Education in many schools in the Huon region.

**As a new learning support teacher what advice would you have for any students at the school?**

Don't hesitate to ask for assistance, education is a team effort and we are a part of that team.



Theresa Martin *Teacher at Morris*

**Are there any notable differences between Friends' and your past schools?**

Quakerism. My last school was a PYP school so it feels like home in that sense but the Quakerism is really special. Teaching co-ed again is a change too.

**Which school did you come from?**

I came from three years at Canberra Girls Grammar School and prior to that I was teaching at St Luke's Grammar School in Dee Why.



Scott Jordan - Helpdesk Technician

**Where was your last work placement?**

I worked last at the Australian Antarctic Division.

**Have you got any advice for students now?**

Don't get too hung up about what you're going to do after college. Life changes sometimes very quickly and I didn't actually go to Uni, I went into the workforce, so don't imagine that you're boxed in.



Charla Sweeney – Teacher of Science.

**Where was your last work placement?**

I have taught Science and STEM for over 19 years, I also taught Science in Vietnam for two years recently.

**What are you looking forward to contributing to the school in your new role?**

This year I am looking forward to teaching and becoming part of The Friends School Community.

**Have you got any advice for students now?**

My advice to my students this year is "Stay organised, love learning work hard and be kind to others and yourself."



Thomas Van Sant – Outdoor ED and health

**Where was your last work placement?**

This is the first school I've been employed as a teacher at. I graduated in 2016 and I have worked on outdoor ED camps as a guide for multiple years this is the first school as a teacher.

**What are you looking forward to contributing to the school in your new role?**

I really like to look at ways to make it more beneficial for the students. And there is a new subject this year "grade 10 outdoor ED" which is pretty exciting, all new, all fresh. Bringing my own ideas to that.



Pamela Stelzer – Teacher of Mathematics

**Where was your last work placement?**

My past experiences are, ten years of teaching in Cairns, I also lived in Canada where I worked in marketing and a tele-com company.

**What are you looking forward to contributing to the school in your new role?**

I'm looking forward to getting to know people at The Friends School.

**Have you got any advice for students now?**

My best advice for students is be openminded and kind and also provide advice to those who need it.

# Introducing Shaun O'Rourke

## Zara Pritchard

Shaun O'Rourke is the school's impressive new deputy principal. One of the first things Shaun said he noticed about the school is how the Quaker beliefs are really woven into the fabric of the Friends' community and how, "people are genuinely really nice to each other, there's a lot of tolerance."

Shaun has a masters in Educational Psychology, he was the school counsellor at Dominic College in the late 90s before moving to Taipei working in several roles including Principal at the Taipei American School.

Shaun and his wife returned back to their home country of Australia after eighteen years in Taiwan with their two daughters and son who are all attending Friends'.

When asked on how the transition had been for

him and his family, Shaun said it had been better than he expected, he said as a father he was very nervous about his children finding new friendship groups after taking them away from their close friends but they had slotted in really well at the school.

Shaun's wife, Katie O'Rourke, has also become a part of the community as a Morris teacher. Shaun hopes to make a positive difference to the school by doing what is necessary to "allow teachers to teach and students to learn".

Shaun strongly gives the impression that he wants to meet new people and play an active role amongst the Friends' community. His Psychology degree proves incredibly useful in his role as Deputy Principal, he even remarked that, "I feel I do more work in these roles as a psychologist than the other roles sometimes".

Reflecting on his school



days at Marist College, Shaun recollected many fond memories of football and time spent with friends as well as "learning the tools to help find yourself". With the great responsibility Shaun has as a leader of

the school, there also comes many challenges particularly, "trying to make the right decision and not the popular decision".

When asked for any advice for the students at the school Shaun

responded, "You don't know what you like at this age, take a risk, get out there, be uncomfortable, because who knows what you could end up doing".

In a society changing so rapidly, Shaun encourages

all the students to keep their eyes open and question everything. Most importantly Shaun, "hopes everyone feels challenged, hopes everyone feels successful and hopes everyone feels happy".



# What do you think we as a community should do to fight climate change?



"We could have a plastic free week or month once a term. It'd be really hard for people to do it all the time but it'd help pollution"

**Joseph Dick, Year 5**



"I feel like we can do more than just free dress days. Even though we already have heaps of them. We could do other things to raise money, in particular for climate change"

**Amelia Beattie, Year 10**



"Make small changes in your life such as using beeswax wraps and support climate focused political parties"

**Henry Rheinberger, Year 11**



"We should give money to someone who knows how to build something that gets oil in Antarctica that doesn't hurt the environment."

**Lily Bartel, Year 5**



"As much as small actions make an impact, big action have a bigger impact. So as a community I think we need to keep telling the people in charge what we want and what they need to do."

**Riley Curtain, Year 10**



"We are given a lot of co-curricular opportunities at school to help improve climate change and other environmental issues, so don't be afraid to take these up, even in a small way."

**Hana McCarthy, Year 11**



"Every time when we go to the beach if we see any plastic we should pick it up"

**Wolfgang Bauces, Year 5**



"Raising awareness is a good thing to do so everyone is actually aware of what's going on. Like putting up posters so people are reminded of what's going on."

**Lily Castrisios, Year 10**



"Instead of just talking about how we can fix it we should all take some initiative and as a school go out and do something that will make change."

**Josh Smith, Year 12**



"We should avoid driving cars too much, and we should ride bikes and walk more"

**Olivia Rayner, Year 5**



"We can ban plastic from the canteens."

**Sacha Smith, Year 8**



"Make sure to get involved when events come up, and be smart about how you conduct yourself on a day to day basis."

**Lottie Giudici, Year 12**

## Clemes students get colourful for diversity

### Amy Brook

May 1st marked the annual Diversity Day for Clemes students, with members of the community dressing colourfully and participating in various activities in order to celebrate the diverse nature of the School community.

Student volunteers sold baked goods at recess, and rainbow face painting and music was enjoyed at lunch, with a surprise guest, the 'Diversity Dinosaur' also appearing.

Over \$400 was raised by students and staff on the day, with all funds being donated to the organisation Working it Out.

The smooth running of

the day's activities was due to the diligent organisation of Friends of Diversity; a student-run group at Clemes who aim to promote inclusivity within the School. Year 12 student and member of the group Nick Arnott said, "If you don't celebrate diversity, no one really sees out of their own minds. It really allows you to access other people's beliefs and views if you celebrate it. It just allows everyone a moment to appreciate and understand each other."

While the day's activities had a positive effect, members of the group as well as others hope that the acceptance promoted on the day will

continue to be upheld throughout the rest of the School year.

"Our School should be a place that people feel comfortable expressing themselves and not worried about how they are received by their peers," said Milly Crombie, Year 12, "we kept the Friends of Diversity group alive for this very reason, so students that are unsure have a safe place to come where they know they will be welcomed warmly."

It was fantastic to see the Clemes community coming together to celebrate their differences, and students are already looking forward to Diversity Day next year.



Year 12 students Milly Crombie and Lucie Vaughan dressed colourfully to celebrate diversity at school

photo: Amy Brook





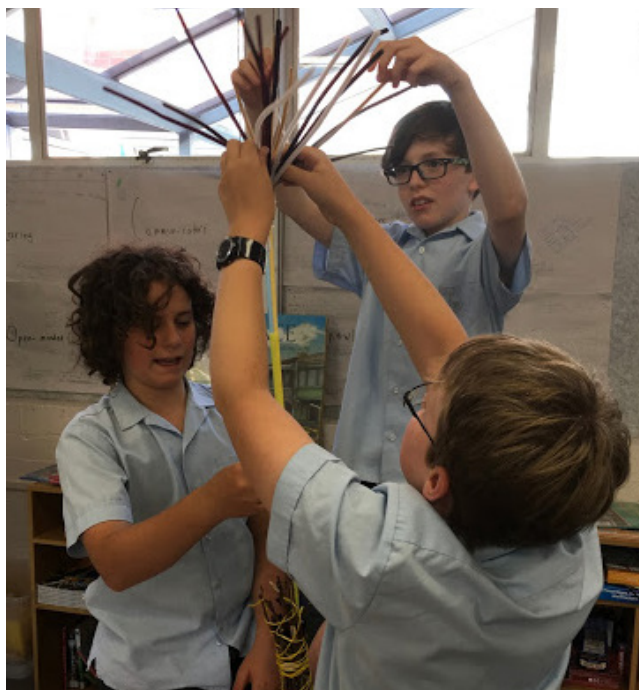
# International Baccalaureate 20 years on

This year will mark the 20th year of the International Baccalaureate programme at the School. This impressive milestone encourages us to look back on how it began and all the incredible opportunities it has created for students.

**Zara Pritchard**

The International Baccalaureate Diploma programme has been running in Years 11 and 12 for twenty years. The two-year diploma requires students to study at least one English, Humanities, Science and foreign language as well as complete 150 hours of creativity, action and service. The Primary Years Programme has been running in the School for seventeen

years and is a structured inquiry in which all teachers from Kindergarten to Year 6 are involved in developing and reviewing annually. The programme provides a framework to focus on the academic, cultural, physical, social and spiritual development of each child. Both programmes encourage an international perspective, ensuring students leave the School with the best possible preparation for life.



## How it began; Joy Smith's story

Twenty years ago, Joy Smith donated \$20 000 to initiate the International Baccalaureate Programme in the School. Joy attended Friends' herself and she was passionate about education. In 2016, she was invited back to the School to sit in an IB Year 11/12 Theory of Knowledge class where she was able to observe the fruits of her donation. She sadly passed away last year but her incredible contribution to the School is still remembered.

*Below: Joy Smith (left) 1945 leaver and Ruth Bernard 1944 leaver*



## Developments through the Farralls

The International Baccalaureate programme was implemented under co-principals Stephanie and Lyndsay Farrall. Their inspiration for introducing the programme to the School first came from Stephanie's father and his work in Switzerland in the early 50s at a school in Geneva. As Geneva was the centre for the League of Nations and the European United Nations many families from all across Europe lived there. As the students came from across all different European regions their schooling backgrounds were very different, this sparked discussions on forming an exam and qualification that could be recognised in every country.

The structure of the International Baccalaureate was what really appealed to

the Farralls. They believed the broader range of courses that must be studied within the programme would allow students to acquire a greater breadth of knowledge than achieved with the more specialised Tasmanian Certificate of Education. A selling point was that every university in Australia accepts the IB as university entrance along with most universities in the world. Their hope was that this would allow students from The Friends' School to study anywhere in the world. Another hope for the programme was that it would make the School a part of an international organisation that would provide opportunities for students and staff to travel providing "opportunities to do things that they otherwise wouldn't have had a chance to do".

Most of the students who have completed the course have really enjoyed it and have been successful, Lyndsey noted, "Friends' School results for the IB have always been really good". They also recognised an interesting aspect that the IB programme provided was a really close bond between the students, "Most people formed a team... they were quite enthusiastic about what they were doing and I think very satisfied with the choice they'd made".

A central aspect to the programme is holding a global perspective. Lyndsay Farrall explained that after the Second World War, everyone was concerned with what may be done to avoid war and acquire an international sense of peace. One of the things they believed could help was if people in different schools

across the world could study similar programs and do classes together. Part of the program's philosophy tries to build a better world and understand different cultures. The same ethos was already built into The Friends' School, with exchange programs and the implementation of the IB only furthered the School's international understandings.

The Farralls are excited and proud of the School's involvement in something so much greater than ourselves. In the light of recent world events, the importance of not only accepting but understanding others' cultures has been incredibly prevalent, an ethos that both our school and the International Baccalaureate programme holds true.



*Above: Lyndsay and Stephanie Farrall*

*Photo: Sarah Walker*



# Year 6: Our junior politicians

**Ellie Griffin**

In May, Year 6 Morris students travelled to Canberra to learn about Australia's history, parliament, and of course, have some fun exploring a new city. However, this was not without some homework first. Year 6 has studied the roles and responsibilities of the Australian Government and how democracy works,

and as part of exploring the three levels of Australian Government; local, state and federal.

The Year 6s had two excursions. The first was on Friday the 5th of April when students walked to Government House to meet with Her Excellency, Professor The Honourable Kate Warner AM, The Governor of Tasmania.

Students asked about her roles and responsibilities as part of the Government system in Tasmania as the Queen's representative, and were also treated to cakes and cookies! They finished the day by exploring Soldiers' Memorial Avenue, which commemorates the fallen Australian soldiers from WW1.

Students also visited the

Australian War Memorial in Canberra after having researched a soldier and then placing a poppy alongside their name on the Roll of Honour. The second excursion explored the Town Hall, local Government, and State parliament. Students were given the opportunity to watch a fiery Question Time and gain first hand

experience of what it is to be a politician.

The day changed students' perspectives on politics and politicians; "Being a politician doesn't sound as bad [anymore]" (Hannah Zalstein, Year 6). Students were also given the opportunity to participate in their own question time in class where they were given a politicians name

and party to represent.

The excursions and units of inquiry in class were all in the lead up to the Year 6 trip to Canberra in May where they visited the Governor General's residence, Federal Parliament House, the High Court, The Australian War Memorial, the Electoral Education Centre, and more.



Above: Year 6 students with Kate Warner AM



Above: Year 6 students outside Government House

## Leading the way...

**Zara Pritchard**

"There is more to leadership than meets the eye" – Mark Febey Head of Morris.

On the 28th of February, the Year 6 students attended a leadership conference, a day packed full of fun activities and interesting speeches preparing the young leaders for the big transition to High

School next year.

The day started with a welcome from Year 6 Teacher Lindy Maddock. Following this, there was a 'Brain Break' that invited the students to participate in some co-operative games instilling the importance of teamwork.

Principal Nelson File then inspired some thought with his discussion on values and

perspective.

After a lunch break, Year 12 Head Boy Sam Gowans, along with Head Girl Charlie Potter, answered the students' questions on the years to follow.

Apart from the questions on homework and tests there was clearly much anticipation and excitement in the students for the future with

the students asking, "What electives are there and what are your favourite ones?", "What is your favourite year and why?".

Deputy Principal Shaun O'Rourke discussed change and the ways in which we cope with it.

Morris teacher Wendy Crow was up next with a discussion on why

everyone should be involved, inspiring the students to take action within the School and their community. The day was wrapped up with an allocation of responsibilities given out to the Year 6 cohort. The day was a big success and with these young leaders at the top of the School,

anything is possible.

Shaun O'Rourke's concluding remarks on these young leaders: "They will have influence on the culture of Morris this year and I hope they will enjoy the challenge that leadership will bring."



Above: Charlie Lobban, Stella Pritchard, Lewis Clemmnett and Hazel Jennings.



Photos: Zara Pritchard



## Sophie Rigney - an Old Scholar in Dundee

*Old Scholar, Sophie Rigney (2002) attended The Friends' School from Prep through to Year 12. Thank you, Sophie, for taking the time to share your post-Friends' story with us.*

After I left school, I studied law and political science at the University of Tasmania. In my final year of Uni, I was fortunate to be given the Tim Hawkins

Memorial Scholarship to travel to the Hague, and undertake an Internship at the International Criminal Tribunal for the Former Yugoslavia. This international criminal tribunal was established to try 'those most responsible' for war crimes, crimes against humanity, and genocide, committed in the countries of the Former

Yugoslavia during the wars there in the 1990s.

After my internship finished, I was employed by a defence team and I ended up spending a total of three years living in the Hague and working at the court. I worked on a couple of cases, including the trial of Radovan Karadzic and the trial of Lahi Brahimaj.

I returned to Australia and in 2012 I started a PhD at the University of Melbourne, and I finished that in 2015. I then moved to London to undertake some postdoctoral work, and in 2017 I started working as a Lecturer in Scotland.

My research looks at international law, particularly Indigenous peoples and international law; international criminal law; and human rights.

I currently live in Dundee, Scotland. I am a Lecturer in Law at the University of Dundee. I have a partner,

Martin, who is finishing his PhD in Law from the London School of Economics. We have a one-year-old son, Archie, and a French Bulldog, Hugo. We love living in Scotland and it is a lot like Tasmania - lots of fresh air and beautiful landscape. We also love travelling a bit and feel very lucky that we get to visit other parts of the UK and Europe quite often - but Hobart will always be home!

I have so many memories of being at Friends', because I was lucky enough to attend Friends' from Prep - Grade 12. The memories I return to most would be of the final week in Grade 12 and all the celebrations we had, including our final Meeting for Worship, the formal, and our last classes. I was lucky to have some wonderful people in my year group and I still have a lot of respect and love for them.

My advice to any current students would be to give



*Above: Sophie with her son, Archie, in France.*

*Right: Sophie at Graduation with her partner, Martin.*

careful thought to how you can 'let your Light shine'. This might mean how you can stay true to yourself and your values, or what you can do to make the world a better place. There's lots of ways you can do this, and only you

know what will be the most authentic way for you.

*Do you have a story that you would like to share? Please email our Communications Coordinator, Zoe Geard, at [zgeard@friends.tas.edu.au](mailto:zgeard@friends.tas.edu.au)*

## A New Canteen Thanks to Community Donations



*A Thank you afternoon tea held for those who donated towards the new canteen.*

Our 2018 Annual Giving Program had several fundraising goals, including a new canteen for our Argyll Street Campus.

Thanks to the generous donations from many community members, we were able to achieve this goal, with the canteen upgrade happening over the summer

holidays.

This new canteen is a vast improvement, allowing our younger students to see over the counter and more easily access healthy meal options.

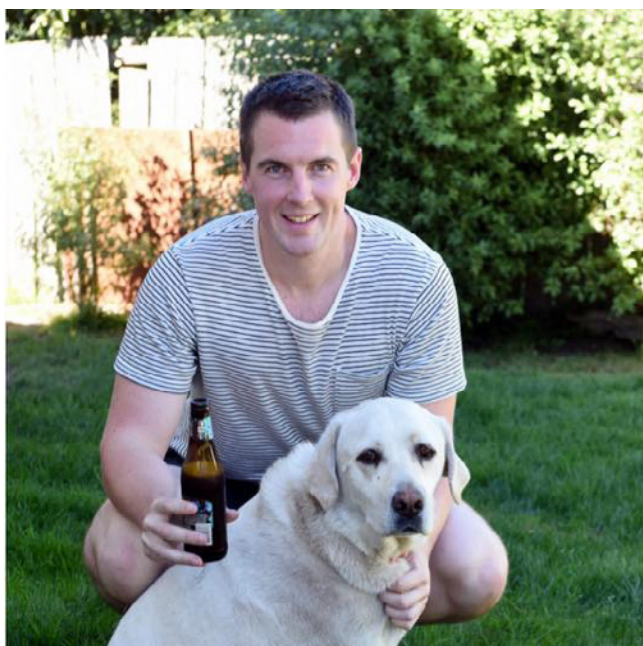
Thank you to everyone whose generous donations made this new canteen a reality.



*Before*



*After*



*Oliver with the family dog, Millie.*

## On Old Scholar and a Police Officer

*Old Scholar Oliver Scott (2006) has shared his story with us about life after Friends'. Thank you, Oliver, for taking the time to share your story with us.*

I had no idea what I wanted to do for a career or if I wanted to study when I left Friends'. I thought I'd be better off deciding on something first, before studying something I didn't actually want to do.

I managed to swing a job in hospitality which I enjoyed and after a while worked my way up to Bar Manager and then Venue Manager. After some time, I realised I didn't want to work in Hospitality

for ever and applied to join Tas Police as it had always been in the back of my mind.

My timing wasn't perfect, just as I applied the three-year recruiting freeze began. I had to wait for a couple of years and then reapplied to join mid 2013, by September 2013 I was in the Academy studying for my new career. I graduated in May 2014 and have loved it ever since.

I met my wife whilst I was working in hospitality and we finally got married after nine years together last year. We purchased our dream home on a bush block in Howden last year after the wedding.

I'm currently stationed on the Glenorchy watch and I've been here for about three years, surprisingly I still love the shift work and the work load that the Glenorchy division entails.

I've recently done a couple of secondments to SDIS (Southern Drug Investigation Services) and Operation Saturate which were both a good taste to other areas.

Some of my fondest memories are the road trips to Lake Barrington for rowing regattas, after a few four hour trips locked in a van with 10 other blokes, we came up with some pretty strange and creative ways to pass the time, I won't go into detail.

My advice to any current students is be open minded with your future, University isn't the only option for students that leave Friends'. If you do want to go to University, there's no rush, have a year off and go travelling or relax and try some things that you haven't done before. A break after school will pay off down the track when you're in your chosen career and you've learnt some valuable life lessons.

*Since sharing this story, Olliver has been accepted into the Tasmania Police Special Operations Group. He and his wife are also expecting their first baby this year.*



## 50+ Summer Luncheon

On Sunday 17 February we held our annual 50+ Summer luncheon. We had an amazing turn-out this year, with Old Scholars coming to reconnect from interstate as well as locally.

Old Scholars were treated to a delicious buffet roast lunch and some beautiful music from some of our current students.

Our Staff and Old Scholar 4-part harmony then lead everyone through the school song, *Alma Mater*.

Thank you to everyone who attended, we hope you had a lovely day reconnecting with old friends.



*Some of the beautiful table decorations*



*David Hallam (1958) & Ian Edwards (1958)*



*Elaine Dorofeff (Robertson) (1949) & Mary Wylie (Taylor) 1949*



*Joan Pease (1954), Prue Hutton (1962) & Kay Allport (Dunbar) (1966)*



*A Friends' towel and bookend generously donated by Kay Allport (Dunbar) (1966)*



*Settling down for lunch*



*The Staff & Old Scholars 4-part harmony.*



*Reminiscing over old photographs of the school*



*Nola Totham-Kenny (1947) & Lisa File*



*Cinthia Roberts (Lewis) (1956) & Richard Roberts (1955)*



*Kay Thiessen (Brown) (1958), David Hallam (1958), Patricia Turner Smith (1958) & Nikki Verver (1957)*



## Fred Lakin - A Life Outdoors

The Archives recently received a number of items from the family of old scholar Fred Lakin – including school badges, cufflinks and Friends' crest crafted by Fred during woodwork class.

Fred was born and education in Hobart, starting in Kindergarten at The Friends' School in 1928. Fred was an all-rounder, enjoying activities varying from cross country and athletics, to maths and science; he was on the Senior Football Team and a Prefect in his final year (1939). Headmaster Ernest Unwin wrote 'I have every confidence in recommending Fred Lakin as a boy of fine character – capable and energetic. He should do very well in the profession of Engineering into which profession he is anxious to enter.'

Fred commenced his Engineering career as an apprentice in the Public Works Department, and completed his qualifications at the Hobart Technical College.

In 1944 Fred enlisted in the war effort and served in New Guinea for two years as a Lieutenant in the Australian Electrical and Mechanical Engineers (AEME). He

remained in the Armed Services for a period of time following World War Two, attaining the rank of Captain.

Fred was awarded a Federation of British Industries Scholarship in 1956, which allowed him to spend time with engineers, manufacturers and contractors in the United Kingdom.

Fred married Shirley in November 1962, and they settled in Taroona with their three children Alison, Heather and Fiona.

In both his career and spare time Fred followed his passion for the outdoors and bushwalking, both in Tasmania and internationally. He was a member of the Mt Field Park Board from 1950 until 1971 as the Public Works Department representative, and was also a member of the Scenery Preservation Board, the precursor to the National Parks and Wildlife Department. During his time on the Board Fred played a major role in providing car access to the ski field on Mt Mawson, and in developing the picnic area and oval, a popular place with visitors. His enthusiasm and dedication to the natural environment is recognised

through a number of named features, including the Fred Lakin Shelter at Mt Field and Lakin's Lair on Mt Wellington/Kunanyi – as a boy Fred and his father found the cave while out walking on the mountain.

Fred also made contributions to various community organisations over a number of decades, including Legacy, Freemasons, Taroona Ex-Services Club and the Hobart Walking Club. A number of black and white photographs of Fred in the Tasmanian bush are held in the Thwaites/Hobart Walking Club Collection at the Archives Office of Tasmania. John (Jack) Thwaites was a founding member of the Hobart Walking Club and also an old scholar of The Friends' School.

After 41 years employment in the Department of Main Roads Fred retired, but continued his

involvement in government organisations; he served as President and Vice President of the Hobart Institute of TAFE Council in the 1980s and 1990s.

Fred's interest in engineering and engineering heritage also continued, and he was instrumental in the enormous 1854 McNaughted cast-iron steam engine from Henry Clark Company Sawmill, Collins Street (later Risby Bros) being installed outside the Hobart Technical College, Bathurst Street in 1990. In 1995 he was awarded an Order of Australia Medal (OAM) for his involvement in Education and Community Activities.

Fred's interest in Engineering Heritage was documented in 2004 through an audio recording, a copy of which is held in the Archives Office of Tasmania.

## Gifts Received with Thanks

- Jan Marshall (Levis) – sketch by EK 'Cracker' Morris
- Estate of Joy Smith – Friends' ephemera and texts
- Elizabeth Sowby (Smith) – framed photograph of The Friends' School
- Robert Bown – slides of Pendle Hill
- Fergus Fitzgerald – Friends' badges and photographs belonging to Colin Fitzgerald
- Robert Powell Mather – papers and photographs from the Mather/Powell family
- Steve Potter – 75 th Anniversary, The Friends' School
- Kay Allport (Dunbar) – texts, Friends' pennant, towel and book ends
- Sally Mansfield (Bessel) – Friends' School uniform
- David Hallam – Friends' blazer
- Roger Tomlin – note from The Friends' School Old Scholars Association (1960)
- Fiona Lakin – badges and cufflinks belonging to Fred Lakin
- Robert Wilkinson – The Friends' School Old School Old Boys Football Club team photo (1962)
- Roger Houstein – Echoes November 1962



Feed Lakin standing with the Fred Lakin Shelter at Mt Field



1937 Intermediate Class, Fred Lakin 3rd row back, second from right



1939 Prefects, Fred Lakin back row, left



Shield made by Fred Lakin

## Quick Updates

**Rob Fleming (1995)** was awarded an Associateship of the (British) Museum's Association in 2017, and has just been granted a Fellowship of the Royal Geographical Society.

**Roger Stilwell (1956)** who was a prefect at Friends', went on to become a civil engineer, later completing a masters degree at Southampton University (UK). His work has taken him all over the world, including Canada, Ecuador, Lombok, Java, Indonesia, Vietnam, Thailand, Nrazil, Chile and Peru. Roger's wife Martine, has now founded a Junior grades school for Syrian refugees in Jordan. The school is funded entirely on private donations. The school is designed to teach basic skills and offer enrichment to kids who have gone years without formal education or are struggling to stay afloat in Jordanian schools.

**Eddie Ockenden (2005)** co-captained the Austalian Hockey side (the Kookaburras) in the Hockey World Cup held in India at the end of last year. Eddie was also the only Tasmanian to be selected for this 18-man squad.

Champion endurance runner

**Hanny Allston (2003)** has opened her own successful outdoor recreation and adventure business in Hobart, *Find Your Feet*.

Actress and singer **Amali Golden (Ward) (2005)** has been nominated for the Most Popular New Talent Logie. This nomination follows a string of recent roles for Amali including Stan series *The Other Guy*, ABC series *Harrow*, yet-to-be-released series *Bondi Slayer* and a role in 2017 Marvel film *Thor: Ragnarok* starring fellow Aussie Chris Hemsworth.

Australian professional triathlete **Cameron Wurf (2001)** is set to compete at the Cannes International Triathlon at the end of April. Cameron set an IRONMAN World Championship bike course record of 4:09:06 last year.

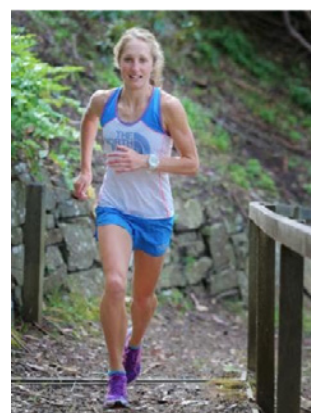
**Ryan Bowring (2011)** had a lucky escape recently when he was attacked by a shark at Queensland's Great Barrier Reef. The incident has landed him in the news and has most likely left him with a few good scars. Thankfully, Ryan (who was about to lead a snorkelling tour when the incident took place) is doing well.

**Ann-Marie Norman (2016)** recently made the 2018 Honour

Role at the University of Tasmania with a GPA of 7.00.

**Ilja Terwinghe (2009)** is living in Brussels, Belgium and working for the European Parliament as a lawyer, representing the parliament in legal matters.

**Claire Hunt (2006)** is a successful make-up artist in Tasmania, with some of her work recently featured in *Eat The Problem!* a food and art compendium by Kirsha Kaechele.



Hanny Allston (2003)



Eddie Ockenden (2005)



Cameron Wurf (2001)

## Dates for your Diary

2019

**Saturday 17 August**  
50 Year Out Reunion

**Saturday 7 September**  
20 Year Out Reunion  
30 Year Out Reunion

**Saturday 14 September**  
40 Year Out Reunion

**Wednesday 23 October**  
Grandparents & Older Friends Day

**Thursday 28 November**  
Volunteers Thank You Lunch

**Thursday 5 December**  
One Year Out Reunion

**Friday 6 December**  
Five Year Out Reunion



## In Memoriam Ruth Miller

Ruth Miller (Died Sunday 3rd February 2019)

Ruth was my dear friend and long time fiercely loyal colleague. I was lucky. The English faculty was the final teaching area for Ruth, and she was my very fortunate 'inheritance'.

In terms of her career, she was unique in that at various times, she taught all the way from K-12. (She was a teacher in each section of the School from Junior School classroom teacher, to Maths teacher in the Middle School, and later Science and English in High School). At every level she took on the challenges with enthusiasm and with a dedication to the best educational outcomes for her students. She was very committed and loyal to Friends' School. She held herself and her colleagues to high professional standards. She felt great empathy for Quaker ideals.

Ruth was always polite and courteous. Listening was one of her strengths. She was a genuine active listener. In so many meetings and discussions Ruth quickly sorted the key issues, removed the superfluous, and succinctly summed up, much to the relief of most present! She was clear in her thinking, decisive, and well organised. All this did not mean that she was the easiest of colleagues. She was intolerant of sloppy thinking and sentimentality. She was willing to challenge your ideas and attitudes. You could have a vigorous disagreement. But Ruth never held a grudge. Indeed, it was a pleasure to have a conversation with her. She kept me on my toes and I really valued her as a member of my staff.

Ruth was reliable, loyal, kind, caring, knowledgeable, and sensible. But there was the fun loving person, the football supporter, and the Friday night pub socialising. She and John anchored the Friday night staff gatherings at various Hobart watering holes. Without them as "hosts" these important therapeutic occasions would not have survived. This side of her personality inspired others to have fun with her, or, at her expense.

Can you imagine an entire Faculty turning up in her office on a Sunday to empty it and fill the whole room with flowers. (Ruth had sometimes dreamt of being a florist.) The occasion was the beginning of her last week as a Staff member of Friends' School. We knew Ruth would be so organised that there would not be too much to clear, and we wanted to have fun! A junior member of staff found all the lessons for Ruth's last week set out on her desk, and asked what she should do with them. 'Hide them' I said 'she needs to learn to be flexible'. Ruth was shocked, amazed and delighted, and paraded most staff and students through her office to show them what we had done. And the faculty managed to film the event!

Another memorable occasion was the staff room 'wedding breakfast' for Ruth and John. It was a laughter filled, fun occasion, with the room transformed with decorations and jokes. Perhaps the School was the 'match maker' and, if so, the

match was a great success. John and Ruth were devoted to each other.

Ruth had energy and passion for causes dear to her heart, and John was one of these. I can think of an example from their retirement which sums up some of these attributes. John was the sportsman. Ruth was not. But they determined to play golf in their retirement. They moved to live with the golf course at the end of their backyard. Ruth took coaching lessons. Ruth took up playing. Within a remarkably short time, Ruth was holding leading positions on the committee, probably President! Ruth believed in giving service. Give her a challenge and she rose to meet it!

I have not written this without the help of fellow colleagues who have shared their thoughts and feelings with me since I told them about Ruth's death. And they would agree that I should not leave this without mentioning how touching



Ruth Miller with Staff

most of us found Ruth and John's devotion to each other, and I think we would all like to acknowledge John's care of Ruth, his optimism and hope for her recovery throughout her time in nursing homes, his love and strength to the very end.

Thank you John and thank you Ruth for the memories.  
- Pam Poulson

## We Give Thanks for the Lives of...

- Alexios PITTAS  
 Ian MCDUGALL (1952)  
 Susanne Mary RUSSELL-SHERRINGTON  
 Margaret (Gwen) STREET  
 Michael John KENT  
 Janet Mary DALLAS (Lorimer) (1944)  
 Hugh Barrie WELLS (1944)  
 Edith Mary AVERY (Butters) (1946)  
 Richard Wyndham NEWTON (1943)  
 Jill Diana EZZY (Large) (1958)  
 Helen Mary OAKENFULL (Walker) (1960)  
 Barry Keith LATHEY (1952)  
 Valerie AVERIS (Wallace) (1958)  
 Susanne Amy WATKINS (Calvert) (1960)  
 Joan DARGUE (Rigby) (1940)  
 Besy Rose LYNE (Amos)  
 Peggy Leech PERRY  
 Richard Burnell GILCHRIST (1961)  
 Peter Benjamin YOUL  
 Anthony Cripps PEACOCK (1941)  
 Ruth Evelyn MILLER  
 Otto Josef FRICK  
 Douglas High BRIGGS (1953)  
 Ronald MARSHALL  
 Warren Douglas SOUNDY (1964)  
 Robert Alexander WILKINSON (1958)  
 Marcia Jean MCLEOD (Tribolet) (1943)  
 John Walter BAKER  
 Hazel WOODRUFF (Ashby) (1941)  
 Terrence John HORTON  
 Richard John MUNNINGS (1972)  
 Robert Hurst GEEVES (1949)  
 Timothy William BINGHAM (2003)  
 Kan Wei (Kim) JAN  
 Peter George O'MAY (1952)  
 James Tasman BUTTERWORTH  
 Tracey Jayne TIPPING (1976)  
 John Campbell Arthur MORGAN (1967)  
 Michelle WILLIAMS  
 Nicholas SALISBURY (2017)



Ruth with students at the top of North Block (c1970s)



Ruth with her decorated office



# Art students explore Melbourne

## Gloria Jeziel

In this digital age, everything can be found online, resulting in a lack of interactive experiences. This is especially the case with art, as an artist will always put their essence into their work, and the only way to fully grasp this is seeing that art in person.

The need to see 'live art' is why the 2019 Melbourne Art Trip took place. Fourteen Friends' School Art students and three Art teachers departed from Hobart for Melbourne for two days filled with art, artists, and great people. The trip consisted of visits to the National Gallery of Victoria, Ian Potter Gallery, Heide Gallery, and for the International Baccalaureate students, an exciting seminar.

On Day One, students and teachers were lucky enough to view the Julian Opie and Nendo X Escher exhibitions. Julian Opie is a visual artist for the New British sculpture movement; he focuses on bold black lines, inspired by the pop art movement. Opie's exhibition showcased his most iconic works such as 'Sara Dancing' (sparkly top) in 2004 to Dimitri 3 in 2016. The Nendo X Escher exhibition was a collaboration between Nendo, the Japanese design studio and Maurits Cornelis Escher, a Dutch graphics artist. The exhibition was

designed to be an immersive experience, using Escher's works but incorporating Nendo's touch into it. The result was a highly spectacular show, with interactive pieces, optical illusions, and some of Escher's most famous works like *Relativity* 1953, *Hand with Reflecting Sphere* 1935, and *Reptiles* 1943.

On the second day, the group visited Heide Gallery, which included Mirka Mora's, *Pas De deux* and Danica Chappell's, *Thickness of time*. The estate contained three separate buildings, Heide I, II, and III. Heide I was the first home of John and Sunday Reed, who both helped financed and nourished a few of Australia's greatest artists. The estate showed what life was like in Heide, with photos of the artists and their friends. The Reeds took in artists such as Danila Vassiliev, Sidney Nolan, John Perceval, Arthur Boyd, Albert Tucker and Joy Hester which resulted in the creation of many great collections such as Ned Kelly, paintings by Sidney Nolan. Heide II is the estate's most famous example of modern architecture, winning the Victorian Enduring Architecture Prize in 2016. Heide III is the main exhibition space, where Danica Chappell's *Thickness of Time* and Mirka Mora's *Pas De deux* were held this year. Danica Chappell is



Top: Kyra Ginn, Chae-Yeon Kim, Christian Bugden, Simon Li, Alice Bowman-Shaw, Lexie Sheard, Ellie Guinan, Gloria Jeziel, Julian Clark, Josh Smith. Bottom: Stella Dawson-Damer, Milly Crombie, Miriam Berkery, Mem Thorpe. Photo: Hamish Hall

a Melbourne-based visual artist, her exhibition in Heide focused on exploring different aspects of photography. Mirka Mora was a French-Australian visual artist who contributed in the development of contemporary art in Australia. Her exhibition in Heide III had some of her most personal pieces of work varying from her sketches to her dolls. After Heide Gallery and the

International Baccalaureate student seminar, the group met back up at the Ian Potter Gallery, which provided more galleries and the opportunities to explore the city. Most students went on walks around Federation Square, exploring Hosier Lane and Melbourne's graffiti street, enjoying the big city briefly before heading home.

Teacher Alice Bowman-

Shaw described the trip as, "A way of injecting an interactive live art experience into the beginning of their educational journey". From a teaching perspective, Alice also described the Art trip as an opportunity to develop friendships, as well as establish exciting intellectual dialogue about art; "I think the memories that are created on this trip are always cherished."

The Art trip was an experience that allowed students to learn the extensive history of Australia's art scene, to understand how far the national art scene has come and study where it all began. It was a truly unforgettable experience, that the students involved felt very lucky to be a part of alongside their new art family.

# Twilight delights once again!

## Joshua Smith

On the 20th of March, the UTAS and IB music students held their first Twilight Concert for the year in The Farrall Centre. This concert was the first chance for the students to perform on stage in front of a live audience and was assessed by the Head of Music at The Friends School, Paul Radford, with support from Dave Wilson.

Students performed a variety of different styles and genres of music from a range of instruments including piano, guitar, bass, flute, marimba, drum and voice. A memorable performance

came from Zoe Winter who sang 'Morning Sun' by Melody Gardot accompanied on the piano by Randal Muir. Her stage presence and clear passion for the song was evident in her movement and voice.

Jamie Wilson, a Friends' Music Representative overcame technical difficulties with ease to perform 'Angel Eyes' by Earl K Bennett. The professional performances from all of the students reflected their hard work as well as the dedication of Paul Radford, whose commitment to excellence is always greatly appreciated by the students and the audience.



Julian Clarke on the guitar

Photo: Steven Shen



# Ancient Strategies For Teen Angst



## Dervla Duggan

Changing a goal can change the course of an individual's destiny.

This was the case for former actor, Julia Gibson. Julia Gibson is the yoga teacher at The Friends' School. She grew up in London and studied Theatre and English at university. She developed a great passion for drama and went on to join a drama school in central London and from there she became an actor.

Julia had a career in acting for numerous of years before moving to Tasmania and it was here that her so called 'turning point' occurred. Tasmania turned out to be an eye opener in many ways and it was on this island that she developed a stronger environmental awareness. Julia's sense of social justice and human rights issues also found expression here in Tasmania.

She always had an interest in Yoga but here in Tasmania she joked that the day she succeeded in doing her first 'downward dog' yoga pose was the day when her passion for yoga became limitless. Julia sees the value of Yoga as a very practical way of supporting people to live a healthy and productive life. Julia sees meditation as an essential component in her busy schedule. 'Meditation brings a sense of calmness and balance to our lives which are very busy and provides an anchor of stability to life.' Julia believes that meditation also brings greater perspective by encouraging us to experience balance, respect and calmness in our daily

routine. Yoga, Julia tells us, can bring about an inner stillness in oneself that is quite profound and is extremely valuable in our busy world.

Julia has the belief that meditation can add value as an integral part of study. In fact, Yoga can be likened to a study 'tool kit' because there are so many practical advantages when doing it. Yoga helps to ease body and mind tensions that we hold and also has the ability to encourage the release of mood enhancing endorphins. Using breathing practices and simple mindfulness-based meditation practices can calm and focus the mind and support us to better manage periods of anxiety.

According to Julia, she has observed an increase in student anxiety and believes these states of anxiety are partially due to having a busy timetable in a digital world filled with ever more complex technology.

Wellbeing and mindful exercises are helpful and encourage individuals to work towards staying physically, mentally and emotionally healthy.

**'True stillness is the rest of the mind and is to the spirit as sleep is to the body, nourishment and refreshment' –**

**William Penn, English nobleman, writer and early Quaker.**

Yoga can be seen as a 'breather' in the week. This 'breather' is seen as an oasis where a student can retreat in order to get away from the rigours and mental demands of study. Julia believes that there are coping mechanisms available to ward away anxiety. Her tip is to say "yes I'd love to take any opportunity that comes my way, because every

opportunity is a great one".

Currently attending The Friends' School is Henry Rheinberger, who is a passionate, intellectual individual

theatre. I used to dance at 'Encore' but I'm now dancing at 'House of Dance'. I love it".

Henry recently found that he has a



Photo: Dervla Duggan

usual physio sessions. "I haven't looked back from there" says Henry. Henry's Pilates instructor was interested in training him up to become a qualified Pilates instructor and later enrolled him in a VET course to attain a certificate qualification in "Pilates in Methodology". This course consisted of weekend workshops, online based study work and of course lots of hours in the Pilates studio practice. It has opened up many employment opportunities for Henry in addition to furthering his passion for dance.

Henry has found Pilates essential for the effective management of stress and anxiety. He loves the fact, that in pursuing his passion for Pilates, it has become an integral aspect of his wellbeing and fitness regime and has enhanced his dance performance. During these two busy years at college, the health benefits and endorphins release from regular dance and Pilates exercise has contributed positively to Henry's emotional and mental wellbeing. Henry feels that he would not be

where he is now in his academic achievements if it weren't for his phenomenal wellbeing and fitness regime.

"Feeling good about yourself and your body is fantastic"

Ancient strategies that have evolved over thousands of years that target individual wellbeing, are as relevant today as they were then, perhaps even more so. Both teachers and students can help the wellbeing of others in regard to Pilates and yoga.

great fascination for Pilates. "I started off doing Pilates with one of my friends who said it was good to support dancing, and I decided to enrol in some mat classes". After attending many classes, he later experienced a dance associated injury which led him to start appreciating the value of clinically intensive Pilates alongside the





# Merriweather's Murderous Weekend

Amy Brook

Year 12 Theatre Performance students displayed their acting flair in their production of *Merriweather's Murderous Weekend* on the 9th and 10th of May.

The students showed off their talent in the thrilling play where Barry Merriweather, played by George Goodluck, hosts a murder mystery weekend that doesn't go to plan.

It comes down to the guests, all major mystery fanatics, as well as Sergeant Flowerday, played by Oliver Edmiston, to get to the bottom of the whole mess.

Maisy Butchart, who played Bernice, commented on the play, "I love seeing how much my class grew

with the performance.

At the start it was very shaky but we managed to get it together and get it up to a really good performance level which was super rewarding to see."

The aspiring actors attracted a large audience of members from all areas of the school community, and put on a successful and enjoyable show, "I really like the energy that you get, especially in drama classes at school, because you're with your peers but you get in there and it's a totally different relationship you have with them - you develop so much trust."

The Year 12 Theatre Performance class will be putting on another production in October this year.



Georgia Gillies as Joan and Maisy Butchart as Bernice

Photo by Tammy Giblin

# Hoggarts a hit in Hobart theatres

Ellie Griffin

March 18th 2019

*I sat down for a chat with theatre stars, and Friends' School teachers, John and Esther Hoggart, to hear about how theatre has shaped their lives, and what's in store for them next!*

**Esther, what shows have you starred in?**

Current show is *The 25th Annual Putnam County Spelling Bee*. Others include *Avenue Q*, *One Man Two Guv'nors*, *Wicked*, *Little Shop of Horrors*, *Alice in Wonderland* and the list goes on...

**How did you get into theatre productions in Hobart?**

I was heavily involved in Music and Drama throughout school, so after finishing Year 12, I auditioned for shows, and the rest is history!

**Which show has been your favourite to bring to life on stage?**

Ohhh. That's a tough one. *Little Shop of Horrors* has a special place in my heart as I played Audrey and John was Seymour, but our current

show *Spelling Bee* is shaping up to be something pretty extraordinary.

**Comedy or drama?**

Comedy, for sure.

**What feeling do you get when you finish a show - is it awesome?!**

It depends on the show, really, and the people you're working with. You can tend to get the 'post-show blues'; you put so much time and effort into something, it can feel a bit sad when it all ends. It's a great feeling to have achieved a great season of the show, but I miss the people, and funnily enough, the character.

**Favourite actor/s?**

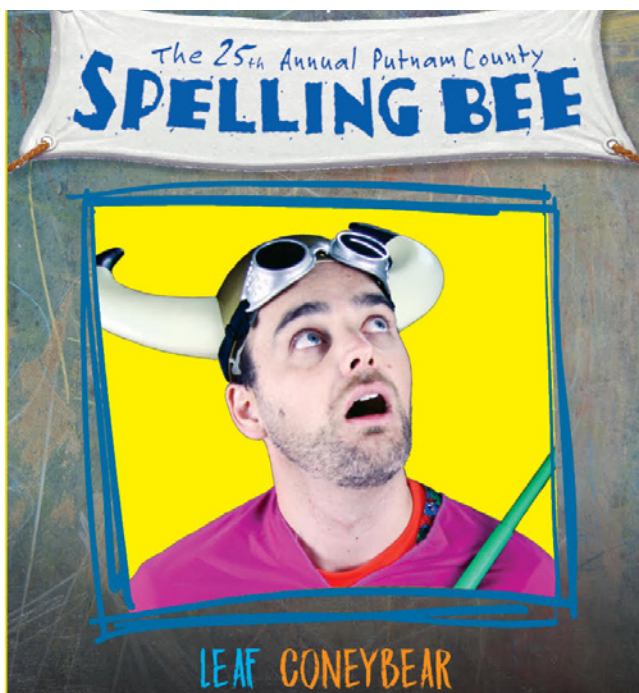
Massive list here! But there's just something about Colin Firth (the one and only Mr Darcy in my eyes!)

**Do you have an inspirational quote that's special to you?**

"How lucky I am to have something that makes saying goodbye so hard." Winnie the Pooh.



Promotional posters from 'Spelling Bee', performed in May



**John, what shows have you starred in?**

Highlights include *Avenue Q*, *Little Shop of Horrors*, *After Dinner*, *What the Butler Saw*, *Shakespeare in the Gardens* including *The Taming of the Shrew* and *Much Ado about Nothing*, *Wildest Dreams*, *The Visit* and, *A Toast to Melba*.

**How did you get involved in theatre productions in Hobart?**

I started auditioning and doing shows straight out of school (and while still studying Theatre Performance in Year 12). I loved it so much, I just kept going! For some reason I had quite a long break, before coming back to it a few years ago.

**Which show has been your favourite to perform?**

Performing with puppets in *Avenue Q* was definitely a lot of fun, as are musicals in general. My current character in *Spelling Bee* is particularly fun to play (Leaf is a whacky and accident-prone 12 year old). But my favourite role of all would have to be playing Seymour in a touring production of *Little Shop of Horrors*, opposite Esther playing Audrey.

**Would you choose comedy or drama?**

Comedy every time.

**What feeling do you get after finishing a show?**

I think the start of the show is actually more exciting - the moment when the curtain goes up!

**Favourite actor/s?**

It's impossible to choose just one, but I'm always impressed by actors whose performances are completely different between roles. If I can forget that it's them, then they're doing something right.

*Thank you John and Esther for your time and insights into the incredible world of theatre. See you on stage!*



# Lessons learned from Lessing Gymnasium

## Dervla Duggan

On Friday the 29th of March, a group of 14 students arrived from Germany to join The Friends' School. They participated in a short-term exchange from their school Lessing Gymnasium, in Uelezen in Northern Germany.

After jetting half way across the world, they got to enjoy the Friends' Annual School Twilight Fair alongside their host families. The Twilight Fair is renowned for bringing the whole school together to socialize, share a variety of foods, books, plants and entertainment, all of which the German exchange students thoroughly enjoyed. The students also got a good feel for the campus before attending classes at Clemes the following Monday.

Before getting into the swing of the Tasmanian school life, many exchange students were brave enough to enter the brisk cold Tasmanian water on an optional surfing excursion provided by the school. Students also visited Bonorong Wildlife Sanctuary,

where they encountered multiple Australian animals for the first time, including Tasmanian devils and kangaroos. Not only did they get to see the amazing animals Tasmania is renowned for, but they were lucky enough to enjoy beautiful Bruny Island and its beaches.

The two weeks of the exchange consisted of fun and engaging activities for the German students, offering them a unique and memorable experience on this beautiful island.

The German students have expressed their gratitude to all the host families for making this adventure one to remember, as they disembarked from Hobart on the 11th of April.



Lessing Gymnasium students Fibie Sieg, Tom-Phillip Dönitz, and Marlena Habig

Photo: Dervla Duggan



Lessing Gymnasium students Marlena Habig, Fibie Sieg and Christopher Stach with their teacher on German Celebration Day

Photo: Ellie Griffin

# Friends' meets Friends' in USA

Seven Year 10 students participated in a USA school exchange program over the 2018 Christmas holiday period. Ella Jensen, Riley Curtain, Zoe Walker, Claudia Bamforth and Miranda Vaughn attended Abington Friends' School in Pennsylvania, whilst James Downie and Kayla Fajirianto attended the Sandy Springs School in Maryland.

Ella Jensen and Riley Curtain share their experiences staying with a host family and experiencing another country.

## Ella Jensen

I was with my host, Charly Avril in Jenkintown, Pennsylvania (just outside Philadelphia). Zoe, Claudia, Riley and myself were at Abington Friends' School, an independent Quaker school in Jenkintown, Pennsylvania.

We were there from January 18th to February

18th, and were able to witness the Martin Luther King Day celebrations. We spent a weekend in New York and an exciting day snow tubing, along with lots of local and big-city sightseeing including a Black History Month

Mural tour which I visited with Riley.

Miranda Vaughan, James Downie and Kayla Fajirianto went to another Friends' School in Maryland, called Sandy Springs.



(Left to right): Nathan Cideciyan, Riley Curtain, Ella Jensen, Charly Avril, Anna Sperger, Claudia Bamforth, Zoe Walker, Isabella Aguilar, Nick Cideciyan

Photo: Jen Aguilar

## Riley Curtain

Our first weekend away was spent in New York, after catching a train there to travel around the city and see all the sights.

We all went to real Broadway shows (including *Phantom of the Opera*, *Wicked*, and *Mean Girls*), and up the Empire State Building with our host students to be treated to an incredible view of New York and its surrounding boroughs.

We also went to the Public Library of New York and ice-skated in Bryant park, just behind the library. I also went to Central Park with my host student and his brother, and strolled down fifth avenue.

We visited Roosevelt Island, a man-made Island in between the city and Queens, and saw the city from a



Riley Curtain and his host brother, Nick Cideciyan

Photo: Lisa Cideciyan

different angle. In Philly, we went to the Black History Museum (super interesting!) and the Liberty Bell. The school experience was also super cool and a really relaxed and friendly environment.



## International

# Hanif speaks on Harmony Week

**Ellie Griffin**

Harmony Week is dedicated to celebrating Australia's cultural diversity, promoting inclusiveness, respect and a sense of belonging for everyone; reflecting some of the Quaker SPICEES. On Tuesday the 18th of March, Clemes students were given the opportunity to hear Old Scholar Hanif Iqbalzada's story. Hanif spoke on 'What things Tasmanians can do to help refugees', from his first hand experience of what made him feel welcomed when he arrived in Tasmania as an asylum seeker.

Hanif was born in a district in the south-west of Pakistan called Quetta, populated by the Hazara minority community which belong to the Shia sect of Islam. Despite suffering from violent attacks against his community, he

graduated Year 12 and soon after became an asylum seeker alongside four others heading to Australia.

He boarded a boat to Thailand, then continued on to Malaysia, Indonesia and finally Christmas Island where he stayed one month. He was told, "You guys are here, you are safe," before arriving in Tasmania and residing in Pontville detention centre.

From here, Hanif restarted his life after this perilous journey, and was offered a life changing scholarship at The Friends' School. His experience at the school prepared him for his degree at UTAS in medical research and it is at Friends' that he met his best friend.

After sharing his story, Hanif stated that throughout his life he did not know what would happen to him, but that he will always remain optimistic. This is



Hanif Iqbalzada with Principal Nelson File

Photo: Ellie Griffin

a courageous response that speaks of his endurance and strength, something all individuals can cultivate.

He described the protection and respect a community can offer to someone integrating

into a new life and Friends' students and staff recognise this and

will remain a welcoming, open, generous, and supportive community to all.

# Clemes, culture, and éclairs

**Ellie Griffin**

On Wednesday the 10th of April, Clemes students poured out of classrooms to enjoy sausages (Bratwurst), éclairs, and live music on the lawn for the 2019 German Celebration Day. The Clemes Council provided German

flag face paint, and the German exchange students mingled with The Friends' School students, sharing laughs and enjoying the food and atmosphere together. The day was also a special farewell to former gap student Tolga Ozcan who had returned to the School during Term One to gain some work experience

in classrooms. Tolga aspires to be a teacher and visited English and German classes throughout his stay, much to the delight of the students who met him in the High School. The day was a success and once again the School community celebrated diversity in the sunshine together.



Clemes students Emilie Ayre, Millie Bentley, Sophia Pauchet, and Tom Rive pose with Bratwurst and Eclairs.  
Photo: Ellie Griffin



Year 12 student Josh Smith performing with his band

Photo: Ellie Griffin



Students enjoying the food, music and sunshine

Photo: Ellie Griffin



# 'The Visitor' by Gyrff Connah

Unnatural, that's what it was. So unexpected and obscure that it seemed to be natural in the same moment. The moth. It perched with its wings wedged between the crevice of leather and the car window. It stared right into Harriette's soul, with eyes like perfect marbles, freshly dunked in pitch black ink. Bottomless and yet reflective. Globulous and yet concave. It had four wings, each cloaked in fine dust that gathered at the tips to make a mottled pattern. Proboscis and antennae were feathered like a bird's wing, gently vibrating to the hum of the car.

Harriette didn't know how the moth had come to be. Everything in this car was bio-repellent, and it would immediately deter such things, if ever they were to cross that boundary. Besides, Harriette wondered how a moth would have even been able to exist. The air conditions hadn't been right for non-human life to survive for decades, not since Krakatoa had erupted for the second time.

Harriette had grown up in a time where specialist masks had enabled her to breathe the magma-toxins in without any injury or disease sustained. This, as well, was common knowledge. Animals and plants had simply disappeared in the nuclear winter, while

humans had had the strength and intelligence to live on, through the insufferable conditions. As a result of this extinction, all disease caused by animals was abolished, making it easier for the populous to gradually increase.

So for that very reason, Harriette found it unnervingly unnatural that a moth, of all things would land on the window sill. She desperately wished that she could ask somebody a question, but there was nobody in the car, except for the AI system that powered it, and drove her through the ash ridden roads that paved the way to her high-rise apartment. The moth kept her in its sights. It moved closer, its feet pattering on the wrought plastic. It produced what looked like an almost sniffing action, its filaments, moving in a circular motion. The moth retreated slightly, then in the process of a few deft movements, it was airborne, and flying into the rear of the vehicle. In the blink of an eye it had disappeared from view, leaving behind a mental silhouette of those emotionless eyes.

Harriette was left with a confused and sinking feeling, much like that after drinking vinegar. It was a sour unpleasantness that just sat there, waiting to be washed out. What was it? she thought. How could something alive still

exist? She pondered this thought, trying to crack what felt like a mysterious code.

The car awoke her from her musing as it halted. The door opened and she slid out. Her mask was placed firmly on her face and goggles strapped across her brow.

Her house was nothing special, just two boxes conjoined in the centre by a corridor, both components without windows. The identification label N-8459 was plastered to the awning, and the door was the only glass in the building. Harriette scanned her card to the door, caustic flakes of the ever-present ash drifting past her. The familiar beep was the signal for entry.

Harriette silently crept into the house, not wanting to disturb the perfect stillness that was such a relief from the constant nuclear wind that raged outside. The walls of the house were blank and grey. The only light was artificial and protruded through the gaps in between the walls and the ceiling.

This simplicity had always seemed to calm Harriette, but the past hour's events had left her uneasy. The moth. Just the sight of it was disconcerting, not even thinking about the array of diseases it could be harbouring. But, through all of the obvious thoughts that

one would have after seeing a creature that wasn't even supposed to exist, there was one particular characteristic that had imprinted itself deeply in her consciousness. It was the eyes. They had twitched - robotic, artificial. As if controlled by another force, other than the miniscule effort of its own brain. They had seemed to have a second layer, despite their piercing blackness, like they were recording her. Come to think of it, the whole being of the moth had seemed slightly askew, as if partially deformed, like an injury that had mended but not in the correct frame.

Shrugging this train of thought off, Harriette entered the kitchen, feeling thirsty. With a click of her fingers, and a glass in her hand, the plastic tap cascaded, filling the cup. Whilst guzzling the water, she noticed a slight discolouration on the nozzle. A small patch of what looked to be fine dust was scattered over the tip, with small pad-prints indented in its surface.

Harriette reached to touch it, then retracted her hand and lifted it to her nose. It smelt faintly metallic.

*Thank you Gryff for your wonderful contribution and Nadine Frick for your help.*

## In class at the Clemes art studio



Joshua Smith - Studio Practice



Laura Johnson - Art Production



Milly Crombie - Studio Practice



Maree Nikimaya - Studio Practice



Kyra Ginn - Studio Practice



Photo: Steven Shen

## Clemes Kayaking

### Max Schulze

On Saturday 16th of February, Clemes students made their way out of Hobart City to New Norfolk, where they had the opportunity to experience a unique activity that they wouldn't usually encounter in their everyday lives; White-water kayaking in the Derwent river. Over the course of the two-day white-water river kayaking trip, participants acquired many different skills from their practice with standard kayaks as well as big rafting kayaks that they used on the second day for a better challenge.

Steven Shen and Ansel Luk were two lucky students along with other peers to

have the opportunity to white water kayak. Steven said "it was great to gain the specific kayaking skills that allow you to experience different types of kayaks as there is bigger ones and also the smaller ones and also how it is different to learn how to kayak in a white-water river as I have only had experience in sea kayaking."

The students also found this trip extremely interesting; Ansel said, "I found the nature and the white-water river itself very interesting along with kayaking, as we don't usually get to see those type of things very often".

Along with the valuable skills gained out of this trip, students also headed back into Hobart with many funny moments and

memories to share. "I found that the funniest part was getting into the water and seeing people flip their kayaks and falling into the freezing cold river" Steven stated.

Although everyone did a great job kayaking on this trip and became experts of navigating their rafts through white water, Ansel declared that he was the best kayaker without a doubt from the group.

All the kayakers loved their time and thought The Friends' School did a fantastic job in providing these enjoyable activities for students to experience, they are also very keen to see more of these activities in the future.

## Year 8 Outdoor Ed

### Frances Jago

The Year 8 Outdoor Education day excursions were held from the 12th to the 15th of March. Activities included surfing and stand up paddle boarding, rafting on the Derwent, mountain biking and track building at Kellevie, coasteering and bushwalks, Blackmans Bay to Tarooana.

This year was the first time that Friends' have delivered SUP at school. Tim Wheelan, Coordinator of Outdoor Education at Friends' said; "Given the recent and rapid growth in this recreational interest it is timely to get formal training for our students (and staff) in this area. Cremorne Lagoon provided the perfect venue with light winds, flat water and perfect sunshine for the experience." Jono from Coastrider Surf School orchestrated the activity, providing the equipment and tuition for both students and staff to try stand up paddle boarding. All participants were seen happily controlling their own crafts whether

that be kneeling or standing. Some groups managed to get a 'Board Yoga' moment in. Headstands, poses and the like added memories to the day.

The calm weather during the week of Year 8 outdoor excursion allowed many groups to swim carefully into and around several sea caves on the coasteering excursion.

One cave was entered through a narrow gap which then opened into a larger dark echo filled cavern.

The mountain bike venue moved to Kellevie this year.

We thank Dave Mason and the Mountain Trails team for allowing us to use their mountain bike park. Once riding on any number of the 20km of trails was completed the students worked with the Mountain Trails team assisting in track maintenance and construction.

The Outdoor Ed Team thank all students for their organisation and enthusiasm which lead to a smooth operation of the program. Special thanks to Lauren Stranger for her efforts organising the week.



Photo: Thomas Van Sant

## Clemes students hit the waves

### Max Schulze

On March 1st and 2nd, Clemes students set off down the East Coast Highway to hunt down some waves. Their final destination, Bicheno, was where they would set up camp ready for an exciting experience of surfing.

During collaborative extra-curricular activities such as surfing, teamwork and bonding are considered as vital skills to apply in these

situations, as explained by a student, Gloria Jeziel. "We all had so much fun as it was quite a small group, so we bonded really well".

"On the Surf Trip, I learnt a loosely defined surf" said Gloria - this is a surfing tactic that allows you to "jump the queue" over a fellow surfer and take advantage of the wave. Student surfers were also informed about more serious dangers of surfing and the ocean as a whole, such

as how to not get caught in a rip and many other useful strategies.

"I am a swimmer so I love the ocean but I wanted to try something out of my comfort zone which is why I came on this trip". "It definitely exceeded my expectations, we had so much freedom and time to explore the ocean and surf at our own pace, which made it incredible," Gloria added.



Fergus Oats (pictured)

Photo: Gloria Jeziel

## Clemes Mountain Biking



Photo: Lauren Stranger

### Sebastian Kelcoyne-Lawrence

On Friday the 22nd of March a group of nine students went on a five-hour drive to the town of Derby for a weekend of mountain biking. The group arrived

at the campsite at 9pm where after a very difficult construction of tents in the dark was followed by sleep. In the morning the team split off into two groups of skill level, one for experienced riders and one for the inexperienced riders.

Throughout the camp both groups had covered a range of tracks and had seen a variety of environments. By Sunday it was the end of the mountain biking camp, there were minimal injuries and nine tired but wheelie happy faces.



# Ride 2 School Day

**Ellie Griffin**

On the 29th of March, students from the High School and Clemes donned their helmets, and rode to school as part of the national Ride2School Day programme. Students from across Australia participated by riding, walking, scooting and skating to school in March, raising awareness for the Physical Activity Foundation and celebrating those that ride and walk to school every day. The foundation was developed to educate children and their

carers about the direct health and social benefits gained through physical activity and active play. Their goal is to reduce the number of inactive lifestyle diseases in children and promote physical activity, such as riding or walking to school! The Friends' students participating in the national event arrived to school to a hearty, and healthy, breakfast outside The Farrall Centre, and supported the Physical Activity Foundation's goal of creating a healthier and happier generation.



Students (left to right): Oscar Pritchard and Lachlan Mills arriving at The Farrall Centre to enjoy a delicious breakfast on 'Ride 2 School Day 2019'. Photo: Max Schulze.

# High School Fundraiser For 'Water For A Village' Charity



Year 9 Students (left to right): Bridget Fountain, Vivian Maurderer, Sarah Eaton, Lily Neyland and Zoe Adams.

Photo: Ellie Griffin

**Ellie Griffin**

On Wednesday 3 April High School students donated a gold coin to wear free dress and raise money for the Water for a Village organisation. The organisation is based in Hobart and was founded by Tasmanian Catherine Wheatley. Catherine first visited Ethiopia and installed her first hand-dug well three years ago. After witnessing the level of poverty in the area, she founded the organisation which has since raised over \$70,000. The organisation has transformed twelve villages by giving work to adults and an education to children who no longer have to fear drinking

water. The High School raised a massive \$523 which will be used to buy simple materials and pay the locals in Ethiopia for construction which will aid approximately 300 people in the area. Catherine has indicated that she would like to return to the High School to present to students again and show them what positive action has taken place as a result of the funds raised by the students. It is projects like these that The Friends' School deems important to our community because it gives students the opportunity to not only learn about the world, but also take action to help other communities when they are in need.

# Put your bake into it

**Zara Pritchard**

The wonderful Vet Foods students worked hard to provide some delicious cookies for the students who sat the scholarship exams on Friday the 30th of March. They also prepared a decadent granola and a rich gooey caramel sauce which was sold on the same Friday at the schools' Twilight Fair. The hours spent in the kitchen will not only bring these students a step closer to achieving their qualification, they will also be able to include

many service hours towards their Clemes Certificate. Meanwhile, the rest of us get to enjoy the delicious

fruits of their labour you'd be baking a fool of yourself not to.



Students above (left to right): Zoe Shannon and Jesse Reeves.



Students above (left to right): Zoe Shannon, Tasman Inglis, Cameron Cooper, Simon Jago and Jesse Reeves.

Photos: Zara Pritchard



# Senior Students Make a Splash



Unwin making a splash in the team relays.

Photo: Dervla Duggan

Dervla Duggan

Costumes, colours, chants and dress ups made a resounding splash at the Hobart Aquatic Centre. On Friday the 8th of February 2019, Cleves and The High School held its annual swimming carnival. It was a wonderful day filled with friendly but strong chants and competition. The carnival displayed many impressive individual performances, high levels of encouragement from students as well as strong house

spirit. The overall results were tight, but Unwin managed to pull off the win on 948 points for the third year in a row! Hodgkin and Mather fought for second place with Hodgkin winning the battle on 871 points and Mather closely behind on 816 points, followed by Ransome on 621 points. Unwin's exceptional level of participation was seen to be the key to success throughout the day. Hodgkin won the total girls' tally on 506.5 points and Mather winning the total boys tally on

511 points. Individual success was also a major component in this year's carnival, with Jonty Clues breaking the boys under 16 record in the 50m breaststroke. Jonty has been extremely successful swimmer over the last few years, surpassing his personal best by 0.40 seconds from the previous years, securing the U16 boys record for the second year in a row. The most exciting event of the day was held until the end: Dance teacher Casey-Rae McCrickard used her modest handicap to motor down the pool in bright florescent tights and in great big yellow flippers. Casey managed to pull off the win beating athletes Sam Norton and Hamish Hall who are renowned for their swimming capabilities. Overall, the day was filled with great enthusiasm and participation, with students ready to conquer the next swimming carnival next year.



Mitch Tarte, Nina Ovens, Nina Daniels and Sarah Fulton dress up in their house colours. Photo: Stu Packwood

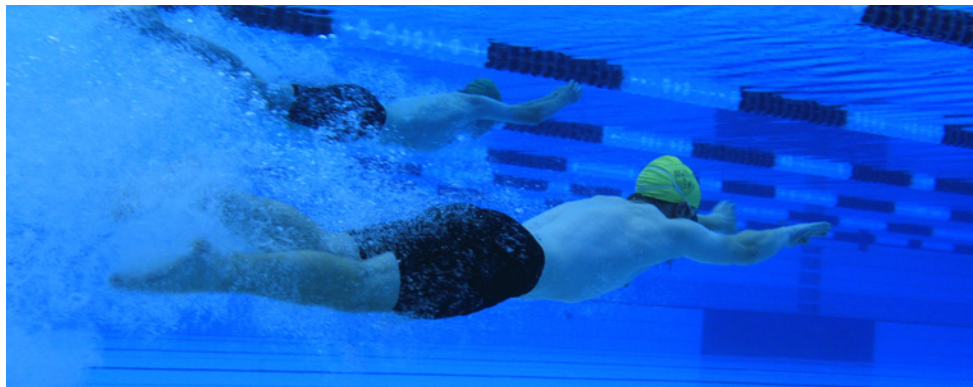


Photo: Ben Althaus

## 2019 HOR Success

### Amelia Newman

The Friends' School rowing community made their way down the Barrington Bends for the final races of the 2018/19 season on Saturday 23rd of March.

After months of early mornings and trainings, all competitors put in their best efforts at the 2019 SATIS Head of the River. Many individual crews took out trophies, but all the teams from Under 13s to Opens pulled together to take home the Senior Boys' Shield, Senior Girls' Shield, Senior Aggregate Shield and the Junior Aggregate Shield.

After a tough season of ups and downs, both Open Girls and Boys both placed fourth in Open VIII's races. The Open Girls also placed second in the Firsts Four, first in the Double Scull and Jemima Morgan won the A Final Single. The Open Boys took out first in the Division One and Division Two of the Double Scull.

Lucas Wigston then

went on to race at the 2019 Sydney International Rowing Regatta and came home with gold in the School Boy's Single Scull.

The Under 16 Boys made a great improvement on their VIII's race from the Tas. All Schools performance and came away with third, just in front of St Virgil's.

With a new coach this season, the Under 16 girls took a comfortable second in the Eight as well as a second in the Firsts Four.

Our Under 15 crews both placed second and rowed strong races in the Quad Scull, with the boys only missing out by 1.86 seconds! Imogen Nation came a very convincing first in the Under 15 Girls' Single Scull, crossing the line nearly a boat length ahead of her field.

The Under 14 Boys had success at the regatta taking home first in both the Division One and Two of the Quad Scull, as well as first in the Double Scull.

The Under 14 girls represented the School in all categories and Maeve Bylsma came a close third overall in the Single Scull.

The Under 13 Girls and Boys started the season at the Sculling Skills program and have built on their skills across the summer and are ready to come and race again next year. The Under 13 Girls placed second in the Double Scull.



Open Girls with the Friends' School flag.



The Open Girls 8 training hard before the Head of the River.

Photos: Sam Volkor



# The Friends' School SPORT



## Girls Firsts' Soccer Success

Frances Jago

The Friends' School Girls' Firsts soccer team was a force to be reckoned with this year. With a German gap student for a coach, the team was sure to have a successful season. Louis Romeu provided the girls with an intense training regime and vibrant side-line coaching as the games went on. With his vast soccer knowledge and German coaching style, the girls were given a great opportunity to learn a lot from the seasoned player and coach.

Practices were held bright and early at 7:15am on Tuesday mornings, where Coach Romeu set up complicated yet effective drills to further the team's soccer skills. Each training was filled with set determination and concentration for the upcoming game, with a touch of laughter to go along with it. The team travelled far and wide every Wednesday afternoon, but would rejoice



Above: A team photo of the Firsts girls and coach Louis Romeu geared up and ready to play.

Top right: Year 6 Girls Stella Pritchard, Hannah Zalstein & Sophie Kruimink at the Morris swimming carnival

when the match would be at the School's home oval at Bell Street. The team played many different schools from around the Hobart district, such as Sacred Heart, Guilford Young College, Collegiate, Fahan, St. Mary's and Mount Carmel.

The other school teams

posed as worthy opponents but it was Friends' and Fahan who pulled out on top to fight for the winning crown.

With Friends' defending their title and Fahan hungry for a win, the game was sure to be an entertaining event. The game kicked off at the

Fahan campus on a sunny Wednesday afternoon, with crowds flocking around the side-lines of the field eager to see their supported team pull out on top.

The starting line-up of the Friends' team included Hannah Bryant as goalkeeper,

Ebony Yearsley, Maree Nikimaya and Jasmine Khan making up the forward line, Frances Jago, Edith Ashmore and Zara Nettleford were the starting midfielders and in defence, Anna-Meike O'Neill, Laura Johnson, Paris Menadue and Mackenzie Gossage.

Fahan proved to be a fierce team to come up against but the score was nil all by the end of the match.

In the last thirty seconds of the game, Friends' goalkeeper Hannah Bryant went out with a bang (to the knee) and an attacking midfielder from the forward line was called to step up as substitute goalkeeper.

With one of Friends' team mates transferred from player to spectator, the girls were rattled and concerned for their injured team member.

The game went into extra time.

Finally, with five minutes of extra time to go, Fahan scored a goal off a great corner pass.

The final score was 2 - 0 to Fahan who persevered with it through to the end.

The girls, despite the loss, celebrated the end of a fantastic season with a birthday cake for Mackenzie and Easter eggs.

Many thanks were passed around, in particular, to Louis Romeu, Shaun O'rouke and Ina Johnson.

## Sailing to Victory



Friends' Blue team with their winning trophy.

Photo: Amanda Sargent

Dervla Duggan

The 2019 Tasmanian Secondary Schools Teams Racing Championships, was sailed on the pristine Derwent

river on the 6th and 8th of April.

There were fourteen teams entered, seven schools and over a hundred people during this event, with Friends'

having entered three teams. The Friends' team had an outstanding weekend coming away with the win for the fifth year in a row. The semi-finals were extremely tough,

with Friends' Red fighting it out for third place against the Taroona/Hobart college team.

The Friends' Red team consisted of Alice Buchanan (captain), Archer Ibbott, Oscar O'Donoghue, Harry Gregory, Clancy Gibson and Sam Legg. The Friends' Blue team consisted of Will Sargent (captain), Rupert Hamilton, Ethan Galbraith, James Gough, Laurie Jeffs and Eddie Reid.

Alongside the mixed teams, Friends' had entered an all-girls team who had exceptional participation throughout the event, coming away in seventh place.

Overall, this Regatta was extremely successful for the Friends' sailors and their hard work in the lead up to the regatta paid off. Onwards and upwards from here, with each team training for the School's National teams racing championships in July.

## Boys' Firsts Cricket

Max Schulze

The Annual School Cricket Competition is a very enjoyable extra-curricular activity, and the 2019 season has been yet another fun season.

During Term One, The Friends' School cricket team had the opportunity to participate in a round-robin styled competition against other schools such as Hutchins, GYC and St Virgil's where both teams would have twenty overs each to make as many runs and take as many wickets as possible.

Coached by Paul Van Tienen and captained by Theo Ellingsen, the team set out to show the other schools what they were

made of.

Big sixes were hit, excellent wickets were taken and many memories were made as The Friends' team finished the season with one win and five losses.

Team awards were presented at the end of the competition with Theo Ellingsen being awarded 'The Friends' School Cricketer of The Year', Leo Fountain winning 'The Biggest Six Award' along with Felix Charles claiming 'The Best Dismissal Award'.

The 2019 Twenty-Two School Cricket Competition lived up to its expectations as it was an enjoyable, exciting season of cricket.